Warning Signs and Symptoms of Type 1 Diabetes

Jordan Bennett Weiss Fund - JBWfund@gmail.com

Familiarize yourself with the warning signs and symptoms of type 1 diabetes. 

**Early detection and knowledge** of the warning signs is your greatest weapon against complications associated with the disease!

*These symptoms often occur suddenly and must receive immediate medical attention:*

** ** Excessive thirst

** ** Frequent urination (sometimes exhibited by a return to bedwetting; heavy diaper)

** ** Unexplained weight loss (even though eating and feeling hungry)

** ** Tired (weak; fatigued)

* Extreme hunger
* Blurry vision
* Irritability; mood changes
* Fruity-smelling breath
* Drowsiness; extreme lethargy
* Abdominal pain
* Nausea or vomiting
* Rapid, heavy breathing
* Confusion
* Stupor (almost unresponsive)
* Unconsciousness

** ** KNOW THE 4T's: Thirsty; Toilet; Thinner; Tired (early warning signs)

Symptoms can be mistaken for other issues or illnesses such as the flu or stomach virus.

Only a healthcare professional can provide appropriate diagnostic tests and treatments.

For more information:  www.jdrf.org   www.joslin.org   www.diabetes.org   www.beyondtype1.org