

LEARNING OBJECTIVES

Upon completion of this program, participants will be able to:

- ✚ Describe the etiology and pathophysiology of both type 1 and type 2 diabetes in youth
- ✚ Identify current treatment plans and tools utilized in the management of diabetes in children and adolescents and apply them to the school setting
- ✚ Review the role food and nutrition play in the management of diabetes
- ✚ Describe factors influencing, and methods to maintain, glucose management during exercise and physical activity for youth with diabetes

SCHEDULE

7:30-8:15 AM	Check-in & Breakfast
8:15-8:30 AM	Welcome
8:30-9:30 AM	Etiology & Pathophysiology of Type 1 and Type 2 Diabetes
9:30-10:30 AM	Integrating Diabetes Management Plans into the School Day
10:30-11:00 AM	Break, Networking, & Vendors
11:00-11:55 AM	Breakout Session 1
11:55-12:35 PM	Lunch, Networking, & Vendors
12:35-1:35 PM	Healthy Nutrition and Carbohydrate Counting: What you need to know!
1:35-2:05 PM	Managing Exercise During the School Day
2:10-3:05 PM	Breakout Session 2
3:10-4:05 PM	Breakout Session 3
4:05-4:20 PM	Program Evaluations & Contact Hours Certificate

BREAKOUT SESSIONS

Choose 3 Breakout Sessions from:

1. Food at School
School Lunches, Parties & Special Treats
2. School Planning 101
Diabetes Management Plans, 504s and IEPs
3. Insulin Pumps, Meters & Other Technologies
No hands-on practice with pumps
4. Beyond Medical Management
Psychosocial Challenges in Youth with Diabetes
5. Two Perspectives
Q&A with a Diabetes Educator and a Parent of a Child with Diabetes
6. Common Dilemmas and Solutions in Diabetes Management

CONTACT HOURS

This continuing nursing education activity is approved to award **6.5 Contact Hours** by the American Nurses Association Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **No partial credit will be awarded.** In order to receive contact hours, attendees must sign in and stay for the entire program.

REGISTRATION ONLINE:

<https://www.joslin.org/patient-care/pediatric-care/pediatric-educational-programs/school-nurses-education-program>

\$125.00 per person



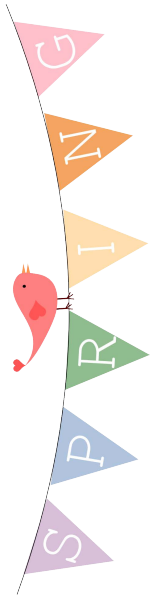
- Price includes CEU certificate, breakfast, lunch, and program materials.
- Full payment or PO is required upon registration.
- Joslin W-9 is available upon request.
- Walk-in registration is not permitted.
- Registration must be completed by **Thursday, March 26, 2020.**
- No refund will be made for cancellation after Friday, March 20, 2020.
- Cancellation before Friday, March 20, 2020 is available for refund after \$25 processing fee.

QUESTIONS?

Email: SNP-CC@joslin.harvard.edu Phone: (617) 309-4530



Joslin Diabetes Center
Room 362
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Boston, MA 02215



*Learn up-to-date diabetes information to
help create a safe learning environment for
your students with diabetes*

Spring 2020

DIABETES EDUCATION PROGRAM

FOR

SCHOOL NURSES

on

Saturday, March 28, 2020

8:15 AM to 4:20 PM

at

Joslin Diabetes Center

REGISTER ONLINE!

